

## **Player Code of Conduct Middle School and Youth Programs**

1. I will HAVE FUN!
2. I will be honest, fair and always show good sportsmanship to all coaches, players, officials, parents and fans at every game and practice.
3. I will be modest in victory and gracious in defeat.
4. I will respect referees at all times and abide by their rulings.
5. I will shake hands with the opponents and referees at the end of the game.
6. I will learn the value of commitment to the team. I will attend every practice and game. If unable to do so, I will notify my coach beforehand.
7. I will arrive on time for practices and games.
8. I will put personal goals aside for the betterment of the team.
9. I will encourage my teammates in a positive way, regardless of circumstances.
10. I will respect all coaches at all times, calling them Coach or Mr./Mrs. *Last Name*
11. I will show respect for my teammates and opposing players, and will not engage in any physical violence or verbal altercations with anybody, on or off the field.
12. I realize that athletic contests, including practice sessions, are educational experiences and opportunities.
13. I will respect, protect and maintain my equipment and use it for its intended purpose.
14. I will return any borrowed league equipment, property and/or game jersey(s) at year's end or immediately upon dismissal from the team. Failure to do so may result in a payment for the cost.
15. I will not engage in unsportsmanlike conduct.
16. I will not engage in rude behavior or ever bully another player.
17. I will conduct myself in a way that presents a positive image of Falmouth youth Football, and myself, on/off the field.
18. I will treat everyone, including coaches, parents, players and officials with respect.

I understand that if I fail to conform with any portion of the foregoing code of conduct, then I will be subject to disciplinary action, including, without limitation, the following in any order or combination:

- Verbal and or written warning(s);
- Immediate ejection from a practice, scrimmage or game;
- Suspension from a future practice, scrimmage, game or for the season; and/or
- Removal of my child from the Program on a temporary or permanent basis.